



OASIS

Participant Agreement

Confidentiality

Your weekly Oasis group is designed to be a safe place to come share your challenges, your successes and to talk openly about the concepts presented in the curriculum. It will remain a safe place only if the participants can trust that what is said in the group will not be shared with anyone outside the group.

Sharing

There are many reasons why some people hesitate to share their emotions and their experiences: shyness, fear of rejection, embarrassment, etc. While it is not a requirement that everyone share, most people will experience more healing when they allow others to share in their pain and grief. This can only happen if everyone opens up.

Attendance

Conflicts may arise from time to time that keep you from attending every session. However, participants are encouraged to make every effort to attend all of the sessions. Even if you feel that the topic for a given week does not apply to you, you are part of the healing process of your entire group and your support of others may benefit you more than you realize. Please try to attend as many sessions as possible. We ask that you commit to attending at least the first three sessions before making any decisions to drop out of the program.

Dating

This is a time when you need to focus on personal healing. It is difficult to do this if you are distracted by the emotions involved in a new relationship. In addition, it's critically important that we create an environment which protects participants from potentially harmful premature new relationships. Therefore, ***Oasis participants are asked not to date during the program.*** If you are currently in a relationship, we ask that you consider suspending the relationship for the duration of Oasis or enroll at a later date.

I understand the above principles and agree to abide by them.

Signature

Date

Print Name